

Interview with Lucas Derks

Who are you?

- I am Lucas Derks. I was trained to become a visual artist but then at age 26 switched to psychology. That did really make my life a very fulfilling thing up to now. I am happy most of the time. I am a moderate adventurer and I see NLP as a form of art.

Where do you live? What's best/worst in your country?

- I live in Nijmegen in the Netherlands; two km out of the centre where it starts to be a little hilly and forested. So my street is not flat. The hills resemble some of those in Finland, about 100 metre high. The best of my country is that there are a lot of people close together; think of it as ten Helsinkis close together. With Belgium and the west side of Germany together, it is just as populated as the eastern US (New York, Boston). So it is easy to find everything here.

The worst thing is that there live about 40.000.000 people close together and it is hard to find silence in nature as one can in Finland.

What are you doing (for your living)?

- NLP trainer since 1984.

What are you doing when not working?

Your favorite hobby?

- Indoor climbing, making video, writing, running, mountaineering.

How do you like Finland?

- I have visited Finland in January, May, June, July, August, September, October and December. It was always worthwhile. I started to like the people a lot; timid but nice. I don't share their love for alcoholic drinks. I love the lakes and the sunlight in summer. Outside of Helsinki most towns are very boring. I like the Finnish taste for antique cars and extravaganzas in general. I love Finland and I do feel at home after being there for at least 10 times.

What's best/worst about Finland?

- The best about Finland is sitting alone on a lakeside in mid June. The worst about Finland is that girls avoid looking you in the eyes on the streets.



What do you like about Finnish people?

- I came to appreciate the goal directedness and skilfulness of the Finns. Finns know how to get things done in time. They are trustworthy and stand out in being not corrupt. I think they are the worst pickpockets in the world.

How do you use social panorama yourself?

- When I recently had a date with a lady that I met in the train, I felt very aroused, too much so, for enjoying this unique event. So I moved her in my social panorama until I was totally relaxed with her. But in the 15 years that I work with the social panorama I have collected a great number of examples of how I used it for my own benefit and wellbeing.

www.socialpanorama.com